

Welcome

Please read, complete and sign the attached sheets. This information will make our work together more productive. If you are unsure or have questions, please leave the item blank and we can talk about it.

Also, please identify your initial goals for our work together—to the best of your ability on THE **INITIAL PLAN**. We can fine tune these goals during our session.

I look forward to working with you.

Patti Okun Body-Mind Psychotherapy: Integrating Body, Mind and Energy
602-703-6586 www.pattiokun.com